ARCADIA MAX FUNCTIONAL TRAINER

THE ARCADIA MAX STAND-ALONE FUNCTIONAL TRAINER IS A PREMIUM, FULL-SIZED CABLE MACHINE; OPTIMIZED FOR FEEL, FUNCTION, AND PERFORMANCE.



STARTING AT

$2,599.99

PRICE SUBJECT TO CHANGE

ARCADIA MAX FEATURES

- 10LB INCREMENT WEIGHT STACKS
- INTEGRATED BAND PEGS ON BASE AND HEADPLATES
- TALLER, WIDER, AND HEAVIER THAN THE ARCADIA
- 36 CABLE POSITIONS
- DUAL WEIGHT STACKS - 220LBS EACH
- WEIGHT STACK UPGRADE TO 440LBS EACH

WHAT DOES IT COME WITH?

- PAIR OF IN-HOUSE-DESIGNED KNURLED STEEL D-HANDLES
- FOUR PEG BOARDS WITH HOOKS FOR SMALL ATTACHMENTS
- INTEGRATED 5LB DROP-DOWN ADD-ON WEIGHTS
- COLOR OPTIONS: BLACK OR WHITE

DIMENSIONS

- HIEIGHT: 87.6”
- FRONT WIDTH: 75.5”
- REAR WIDTH: 32.9”
- DEPTH: 44”
- CABLE TRAVEL LENGTH: 93.4”
- PULLEY RATIO: 2:1
- SMALL PEG BOARD SIZE: 28”X10.2”
- LARGE PEG BOARD SIZE: 28”X16.5”

COMPATIBLE ATTACHMENTS

- ALL LAT BARS AND STRAIGHT BAR
- ALL D-HANDLES
- OPEN AND TRIANGLE ROW
- TRICEP PRESSDOWN BAR AND TRICEP ROPE
- SPORTS HANDLE
- LEATHER ACCESSORY STRAP AND ANKLE CUFF

WARNING: This product may contain chemicals known to the State of California to cause cancer, birth defects, or other reproductive harm. For more information: https://www.p65warnings.ca.gov/.

ARCADIA FUNCTIONAL TRAINER

THE ARCADIA IS VERSATILE WITH 32 DIFFERENT CABLE POSITIONS TO ALLOW FOR MORE CUSTOMIZATION AND NATURAL MOVEMENTS, ESPEICALLY WHEN WORKING SMALLER MUSCLES. CHALLENGE DIFFERENT GRIP, ARM, AND BACK MUSCLES USING MULTIPLE PULL-UP OPTIONS INTEGRATED RIGHT INTO THE FUNCTIONAL TRAINER.

STARTING AT

$1,999.99

PRICE SUBJECT TO CHANGE



ARCADIA FEATURES

- 5LB INCREMENT WEIGHT STACKS
- INTEGRATED BAND PEGS ON BASE AND HEADPLATES
- 180 DEGREE SWIVEL PULLEYS
- 32 TROLLEY ADJUSTMENT POSITIONS
- DUAL WEIGHT STACKS - 85LB EACH (170LBS ACTUAL), UPGRADEABLE TO 110LBS (220 ACTUAL)

WHAT DOES IT COME WITH?

- 2 IN-HOUSE-DESIGNED KNURLED STEEL D-HANDLES
- THREE HEAVY-DUTY LASER-CUT PEGBOARDS WITH NINE 4" PEGS AND THREE 6" PEGS (150LB WEIGHT CAPACITY)
- 2.5LB INTEGRATED ADD-ON WEIGHTS PER SIDE

COMPATIBLE ATTACHMENTS

ANY SINGLE-POINT CABLE ATTACHMENT, INCLUDING BUT NOT LIMITED TO:

- ALL D-HANDLES
- OPEN AND TRIANGLE ROW
- TRICEP PRESSDOWN BAR AND TRICEP ROPE
- SPORTS HANDLE
- ALL LAT BARS AND STRAIGHT BAR

DIMENSIONS

- HEIGHT: 80.8" OR 78" WITH MULTI-GRIP BAR INVERTED
- FRONT WIDTH: 55.3"
- REAR WIDTH: 24"
- DEPTH: 35.8"
- CABLE TRAVEL LENGTH: 81"
- PULLEY RATIO: 2:1
- HIGHEST CABLE STARTING POINT: 76.5"
- LOWEST CABLE STARTING POINT: 11.4"
- MAX USABLE WEIGHT PER SIDE: 112.5LBS WITH UPGRADE AND INTEGRATED ADD-ON WEIGHTS

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ARES

FULLY INTEGRATED FUNCTIONAL TRAINER AND LAT PULLDOWN/LOW ROW THAT AFFIXES TO THE PR-4000 OR PR-5000 POWER RACKS. IF ARES IS THE GOD OF WAR, THIS IS THE ATTACHMENT TO TRAIN YOU FOR IT.



STARTING AT

$1,959.99

PRICE SUBJECT TO CHANGE

ARES FEATURES

- 10LB INCREMENT WEIGHT STACKS
- 180 DEGREE SWIVEL PULLEYS
- DUAL WEIGHT STACKS - 260LB EACH UPGRADEABLE TO 310LBS

WHAT DOES IT COME WITH?

- FOOTPLATE FOR BRACING
- FOUR MICRO-ADJUSTMENT 2.5LB WEIGHTS
- D-HANDLES
- KNURLED CHROME LAT PULL-DOWN/LOW ROW BAR
- CONNECTOR BANANA

AVAILABLE CONFIGURATIONS

- ARES (FOR CUSTOMER WHO ALREADY HAS 6-POST RACK WTH 16" WEIGHT STORAGE CROSSMEMBERS OR 4-POST 16" RACK
- ARES + RACK (FOR CUSTOMER WHO DOESN'T HAVE RACK AND NEEDS TO BUILD OUT EVERYTHING)
- ARES + WEIGHT STORAGE (FOR CUSTOMER WHO HAS 4-POST RACK AND WANTS TO EXPAND TO 6-POST WITH ATHENA)

DIMENSIONS

- WEIGHT: 965 LBS
- PULLEY RATIO: 2:1
- TROLLEY & CABLE WEIGHT CAPACITY: 450LBS
- CABLE TRAVEL: 96" (93" RACK) & 72" (80" RACK)
- ADDED HEIGHT: 1.2"
- ADDED WIDTH: 1.6" (PR-4000) OR 5" (PR-5000)
- ADDED HEIGHT: 1.2"
- ADDED DEPTH: 6" (FRONT OF RACK)

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ARES 2.0

INSPIRED BY CUSTOMER FEEDBACK AND OUR RELENTLESS GROWTH MINDSET - BRINGS EVEN MORE VERSATILITY WHILE PRESERVING THE ORIGINAL FUNCTIONALITY OF THE RACK AND ARES ATTACHMENT

STARTING AT

$2,799.99

PRICE SUBJECT TO CHANGE



ARES 2.0 VS ARES UPDATES

- HIGHER ATTACHMENT POINT OF SEATED ROW
- SEATED ROW PULLEYS CLOSER TOGETHER FOR EASE OF ATTACHMENT USE AND BETTER FEEL
- LARGER FOOTPLATE WITH ANGLED TOP
- BENCH-CENTERING CUTOUTS IN FOOTPLATE FOR REP BENCHES
- REORIENTATION OF WEIGHT STACKS ALLOWS INCLINE BENCH WITHIN RACK
- OFFSET FRONT TROLLEYS INCREASE WIDTH OF CABLE FLIES
- INTEGRATED DROP-DOWN MICRO-WEIGHT ADJUSTMENTS
- IMPROVED LAT BAR REST TO STAY SEATED WHILE USING OTHER CABLES
- IMPROVED CABLE ROUTING TO REST TROLLEY AT BOTTOM OF SETUP

WHAT DOES IT COME WITH?

- LAT PULLDOWN BAR WITH TWO CLIPS
- FOUR FULLY KNURLED D-HANDLES

DIMENSIONS

- PULLEY RATIO: 2:1
- TROLLEY & CABLE WEIGHT CAPACITY: 450LBS
- CABLE TRAVEL: 94.9" (93" RACK) & 71.3" (80" RACK)
- TOTAL HEIGHT: 93.9" (93" RACK) & 82.1" (80" RACK)
- MAX ADDED WIDTH: 5.2"
- ADDED DEPTH: 6"

AVAILABLE CONFIGURATIONS

- ARES: FOR CUSTOMERS WHO ALREADY HAVE A RACK
- ARES + RACK: FOR CUSTOMERS WHO NEED TO BUILD OUT EVERYTHING, INCLUDING RACK
- ARES + WEIGHT STORAGE: FOR CUSTOMERS WANTING TO EXPAND THEIR 4-POST RACK TO A 6-POST

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PLATE-LOADED ADONIS

SLEEK, LOW-PROFILE CABLE MACHINE AVAILABLE IN BOTH PLATE-LOADED AND SELECTORIZED OPTIONS. CAN FUNCTION AS A STAND-ALONE UNIT, EXTEND YOUR 4000 OR 5000 RACK, OR INTEGRATE WITH REP'S MODULAR STORAGE SYSTEM

STARTING AT

$2,099.99

PRICE SUBJECT TO CHANGE









ADONIS FEATURES

- USE AS A STAND-ALONE UNIT OR ATTACH TO YOUR RACK, RIG, OR STORAGE
- 1:1 RATIO FOR THE LAT PULLDOWN/LOW ROW AND 2:1 RATIO FOR THE FUNCTIONAL TRAINER
- 180 DEGREE PULLEY SWIVEL
- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- TELESCOPING FOOTPLATE FOR 7 STARTING POSITIONS

INCLUDED ATTACHMENTS

- PAIR OF KNURLED STEEL D-HANDLES
- HARD-CHROME LAT PULLDOWN BAR
- LOW ROW BAR
- PAIR OF 1.25LB MICRO-PLATES (GRECIAN PATTERN ACCENT)
- PAIR OF 2.5LB MICRO-PLATES

AVAILABLE CONFIGURATIONS

- ADONIS CABLE TOWER (WITH OR WITHOUT BASE)
- ADONIS CABLE TOWER WITH STORAGE
- ADONIS CABLE TOWER WITH RACK ATTACHMENT
- DUAL ADONIS CABLE TOWER WITH STORAGE

DIMENSIONS

- HEIGHT: 92.1"
- DEPTH: 54.9" (WITH FOOTPLATE RETRACTED)
- WEIGHT HORN LOADABLE LENGTH: 6.3"
- LAD PULLDOWN & LOW ROW CAPACITY: 450LBS
- HIGHEST TROLLEY POINT: 79"
- LOWEST TROLLEY POINT: 14"
- CABLE TRAVEL LENGTH FROM TROLLEY: 108"
- CABLE TRAVEL LENGTH FROM LAT PULLDOWN & LOW ROW: 54"

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PLATE-LOADED + SELECTORIZED ADONIS

SLEEK, LOW-PROFILE CABLE MACHINE AVAILABLE IN BOTH PLATE-LOADED AND SELECTORIZED OPTIONS. CAN FUNCTION AS A STAND-ALONE UNIT, EXTEND YOUR 4000 OR 5000 RACK, OR INTEGRATE WITH REP'S MODULAR STORAGE SYSTEM









STARTING AT

$2,399.99

PRICE SUBJECT TO CHANGE

ADONIS FEATURES

- USE AS A STAND-ALONE UNIT OR ATTACH TO YOUR RACK, RIG, OR STORAGE
- 1:1 RATIO FOR THE LAT PULLDOWN/LOW ROW AND 2:1 RATIO FOR THE FUNCTIONAL TRAINER
- 180 DEGREE PULLEY SWIVEL
- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- TELESCOPING FOOTPLATE FOR 7 STARTING POSITIONS

INCLUDED ATTACHMENTS

- PAIR OF KNURLED STEEL D-HANDLES
- HARD-CHROME LAT PULLDOWN BAR
- LOW ROW BAR
- PAIR OF 1.25LB MICRO-PLATES (GRECIAN PATTERN ACCENT)
- PAIR OF 2.5LB MICRO-PLATES

AVAILABLE CONFIGURATIONS

- ADONIS CABLE TOWER (WITH OR WITHOUT BASE)
- ADONIS CABLE TOWER WITH STORAGE
- ADONIS CABLE TOWER WITH RACK ATTACHMENT
- DUAL ADONIS CABLE TOWER WITH STORAGE

DIMENSIONS

- HEIGHT: 92.1"
- DEPTH: 54.9" (WITH FOOTPLATE RETRACTED)
- WEIGHT HORN LOADABLE LENGTH: 6.3"
- LAD PULLDOWN & LOW ROW CAPACITY: 450LBS
- HIGHEST TROLLEY POINT: 79"
- LOWEST TROLLEY POINT: 14"
- CABLE TRAVEL LENGTH FROM TROLLEY: 108"
- CABLE TRAVEL LENGTH FROM LAT PULLDOWN & LOW ROW: 54"

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SELECTORIZED ATHENA

LOW-PROFILE CABLE ATTACHMENT THAT INTEGRATES INTO THE SIDE OF YOUR PR-4000 OR PR-5000 SERIES POWER RACK. GET THE FUNCTIONALITY OF A FUNCTIONAL TRAINER MACHINE WITHOUT NEEDING SPACE FOR A STAND-ALONE UNIT



STARTING AT

$474.99

PRICE SUBJECT TO CHANGE

ATHENA FEATURES

- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- CONVERSION KIT AVAILABLE FROM PLATE-LOADED
- SMALLER FOOTPRINT THAN THE ARES
- LEFT, RIGHT, OR DUAL SETUP OPTIONS

WHAT DOES IT COME WITH?

- ONE URETHANE D-HANDLE PER UNIT

AVAILABLE CONFIGURATIONS

- ATHENA (FOR CUSTOMER WHO ALREADY HAS 6-POST RACK WTH 16" WEIGHT STORAGE CROSSMEMBERS OR 4-POST 16" RACK
- ATHENA + RACK (FOR CUSTOMER WHO DOESN'T HAVE RACK AND NEEDS TO BUILD OUT EVERYTHING)
- ATHENA + WEIGHT STORAGE (FOR CUSTOMER WHO HAS 4-POST RACK AND WANTS TO EXPAND TO 6-POST WITH ATHENA)
- SINGLE-SIDED (LEFT OR RIGHT)
- DUAL-SIDED

DIMENSIONS

- WEIGHT: 258LBS PER UNIT
- WEIGHT STACK: 170LBS
- PULLEY RATIO: 2:1
- MINIMUM USABLE WEIGHT: 10LBS PER UNIT
- CABLE WEIGHT CAPACITY: 540LBS PER UNIT (FEELS LIKE 270LBS)
- CABLE TRAVEL: 106" (93" RACK), 82.8" (80" RACK)
- ADDED HEIGHT: 1.8"
- ADDED WIDTH: PR-4000 3.7", PR-5000 5"
- ADDED DEPTH: 6"

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PLATE-LOADED ATHENA

LOW-PROFILE CABLE ATTACHMENT THAT INTEGRATES INTO THE SIDE OF YOUR PR-4000 OR PR-5000 SERIES POWER RACK. GET THE FUNCTIONALITY OF A FUNCTIONAL TRAINER MACHINE WITHOUT NEEDING SPACE FOR A STAND-ALONE UNIT



STARTING AT

$474.99

PRICE SUBJECT TO CHANGE

ATHENA FEATURES

- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- CONVERSION KIT AVAILABLE FROM PLATE-LOADED
- SMALLER FOOTPRINT THAN THE ARES
- LEFT, RIGHT, OR DUAL SETUP OPTIONS



WHAT DOES IT COME WITH?

- ONE URETHANE D-HANDLE PER UNIT

AVAILABLE CONFIGURATIONS

- ATHENA (FOR CUSTOMER WHO ALREADY HAS 6-POST RACK WTH 16" WEIGHT STORAGE CROSSMEMBERS OR 4-POST 16" RACK
- ATHENA + RACK (FOR CUSTOMER WHO DOESN'T HAVE RACK AND NEEDS TO BUILD OUT EVERYTHING)
- ATHENA + WEIGHT STORAGE (FOR CUSTOMER WHO HAS 4-POST RACK AND WANTS TO EXPAND TO 6-POST WITH ATHENA)
- SINGLE-SIDED (LEFT OR RIGHT)
- DUAL-SIDED

DIMENSIONS

- WEIGHT: 87LBS PER UNIT
- PULLEY RATIO: 2:1
- MINIMUM USABLE WEIGHT: 7LBS PER UNIT
- CABLE WEIGHT CAPACITY: 540LBS PER UNIT (FEELS LIKE 270LBS)
- CABLE TRAVEL: 106" (93" RACK), 82.8" (80" RACK)
- ADDED HEIGHT: 1.8"
- ADDED WIDTH: 12.3"
- ADDED DEPTH: 6"
- WEIGHT HORN LOADABLE LENGTH: 10.6" PER SIDE

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WALL-MOUNTED SELECTORIZED ATHENA

LOW-PROFILE CABLE ATTACHMENT THAT IS INTEGRATED INTO A 5000 SERIES WALL-MOUNT FIXED RACK. ACHIEVES A FULL-BODY WORKOUT USING MULTI-FUNCTIONAL CAPABILITIES WITHOUT REQUIRING THE SPACE FOR A SEPARATE STAND-ALONE UNIT



STARTING AT

$1,754.93

PRICE SUBJECT TO CHANGE

ATHENA FEATURES

- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- COMPATIBLE WITH A WIDE ASSORTMENT OF CABLE ATTACHMENTS
- OPTION TO UPGRADE WEIGHT STACKS



WHAT DOES IT COME WITH?

- URETHAN D-HANDLE PER SIDE

DIMENSIONS

- TOTAL HEIGHT: 81.2" (80" UPRIGHTS), 94.2" (93" UPRIGHTS)
- WIDTH: 58.2"
- DEPTH: 27.6"
- HOLE SIZE: 1"
- HOLE SPACING: 2"
- WEIGHT STACK: 170LBS PER SIDE (UPGRADEABLE TO 220LBS)
- PULLEY RATIO: 2:1
- MINIMUM USABLE WEIGHT: 10LBS PER SIDE
- CABLE WEIGHT CAPACITY: 540LBS PER SIDE
- CABLE TRAVEL: 106" (93" RACK), 82.8" (80" RACK)

AVAILABLE CONFIGURATIONS

- DUAL
- LEFT
- RIGHT

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SELECTORIZED LAT PULLDOWN/LOW ROW

BUILD OUT YOUR POWER RACK WITH THE SELECTORIZED LAT PULLDOWN AND LOW ROW. THIS PULLEY SYSTEM IS COMPATIBLE WITH MULTIPLE REP POWER RACKS, AND BRINGS THE FUNCTIONALITY OF CABLE MOVEMENTS TO YOUR SETUP

1000 SERIES



4000 SERIES



STARTING AT

$1,049.99

PRICE SUBJECT TO CHANGE

PULLDOWN/LOW ROW FEATURES

- 200LB WEIGHT STACK WITH 1:1 PULLEY RATIO SO 10LBS FEELS LIKE 10LBS
- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- CAN ALSO BE USED FOR CURLS, BELT SQUATS, TRICEP WORK, & MORE
- MAGNETIC PIN FOR QUICK WEIGHT INCREMENT MOVEMENTS

5000 SERIES WITH RBS



WHAT DOES IT COME WITH?

- LAT PULLDOWN BAR
- LOW ROW BAR

COMPATIBLE RACKS/ATTACHMENTS

- RACKS: PR-4000, PR-5000, OMNI, AND APOLLO
- MOST REP CABLE ATTACHMENTS/HANDLES
- REQUIRES THE REAR BASE STABILIZER

DIMENSIONS

1000 SERIES

- TOTAL WEIGHT: 314.7LBS (364.9LBS W/WEIGHT STACK UPGRADE
- PULLEY RATIO: 1:1
- WEIGHT CAPACITY: 540LBS
- CABLE TRAVEL: 53.4”
- ADDED HEIGHT: 1”
- ADDED DEPTH: 23.6”

4000/5000 SERIES

- TOTAL WEIGHT: 332.9LBS (80” NO RBS), 334.9LBS (93” NO RBS)
- PULLEY RATIO: 1:1
- WEIGHT CAPACITY: 600LBS
- CABLE TRAVEL: 60” (93” RACK), 48” (80” RACK)
- ADDED HEIGHT: 3.3”
- NO ADDED WIDTH
- ADDED DEPTH: 6-POST: 8.5” & 4-POST: 27.5” & 4-POST W/ EXISTING RBS: 19.5”

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PLATE-LOADED LAT PULLDOWN/LOW ROW

BUILD OUT YOUR POWER RACK WITH THE PLATE-LOADED LAT PULLDOWN AND LOW ROW. THIS PULLEY SYSTEM IS COMPATIBLE WITH MULTIPLE REP POWER RACKS, AND BRINGS THE FUNCTIONALITY OF CABLE MOVEMENTS TO YOUR SETUP

STARTING AT

$259.99

PRICE SUBJECT TO CHANGE

1000 SERIES



4000 SERIES



5000 SERIES WITH RBS



PULLDOWN/LOW ROW FEATURES

- 1:1 PULLEY RATIO SO 10LBS FEELS LIKE 10LBS
- INTEGRATED BAND PEGS FOR ADDED RESISTANCE
- CAN ALSO BE USED FOR CURLS, BELT SQUATS, TRICEP WORK, & MORE

WHAT DOES IT COME WITH?

- LAT PULLDOWN BAR
- LOW ROW BAR

DIMENSIONS

1000 SERIES

- ATTACHMENT WEIGHT: 58LBS
- WIDTH: 19”
- ATTACHMENT DEPTH: 19.5”
- WEIGHT HORN CAPACITY: 450LBS
- LOADABLE LENGTH: 8.25” PER SIDE
- CABLE WEIGHT CAPACITY: 1,000LBS

4000 & 5000 SERIES

- ADDED HEIGHT: 3.3”
- WIDTH: 21.9”
- ATTACHMENT DEPTH: 22.9”
- WEIGHT CAPACITY: 600LBS
- WEIGHT HORN CAPACITY: 600LBS OF IRON PLATES OR 300LBS OF BUMPERS
- UNLOADED CARRIAGE WEIGHT: 11LBS

COMPATIBLE RACKS/ATTACHMENTS

- RACKS: PR-4000, PR-5000, OMNI, AND APOLLO
- MOST REP CABLE ATTACHMENTS/HANDLES
- 4000/5000 SERIES REQUIRES THE REAR BASE STABILIZER

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