

REP

ADJUSTABLE BENCHES

AB-3000 2.0

STARTING AT
\$329.99

PRICES SUBJECT TO CHANGE



COLOR OPTIONS



AB-3000 2.0 FEATURES

The AB-3000 is known as the best-value, adjustable, FID bench for home gyms. This bench is a high-quality option for lifters looking for a rock-solid, flat-incline-decline bench.

- Flat / Incline / Decline
- Weight Capacity: 1,000 LBS
- Bench Weight: 89.3 LBS
- Back Pad Adjustment Style: Open Ladder
- Back Pad Adjustment Angles: -12, 0, 15, 30, 45, 60, 70, 85
- Seat Pad Adjustment Style: Pop-pin
- Seat Pad Adjustment Angles: 0, 5, 10, 15, 20
- Built-In Leg Roller with 6 Adjustment Angles
- CleanGrip Pads (Standard or Wide)
- Vertical Storage Option: No
- Hardware Color: Black Zinc
- IPF Height: Yes

AB-3100

STARTING AT
\$269.99

PRICES SUBJECT TO CHANGE



COLOR OPTIONS



AB-3100 FEATURES

The AB-3100 is REP's most affordable adjustable bench.

- Flat / Incline
- Weight Capacity: 700 LBS
- Bench Weight: 70 LBS
- Back Pad Adjustment Style: Open Ladder
- Back Pad Adjustment Angles: 0, 30, 45, 60, 75, 90
- Seat Pad Adjustment Style: Open Ladder
- Seat Pad Adjustment Angles: 0, 10, 20
- Leg Roller Option: No
- Standard Original Pads
- Vertical Storage Option: No
- IPF Height: Yes



WARNING: This product may contain chemicals known to the State of California to cause cancer, birth defects, or other reproductive harm. For more information: <https://www.p65warnings.ca.gov/>.

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AB-4100

STARTING AT

\$399.99

PRICES SUBJECT TO CHANGE



COLOR OPTIONS



AB-4100 FEATURES

If you're looking to maximize your space without compromising your workout, this is the bench. The AB-4100 marries form and function with an expanded range of functionality and cosmetic improvement.

- > Flat / Incline
- > Weight Capacity: 700 LBS
- > Bench Weight: 85 LBS
- > Back Pad Adjustment Style: Closed Ladder
- > Back Pad Adjustment Angles: 0, 15, 30, 45, 60, 75, 85
- > Seat Pad Adjustment Style: Closed Ladder
- > Seat Pad Adjustment Angles: 0, 10, 20
- > Leg Roller Option: No
- > CleanGrip Pads (Standard or Wide)
- > Vertical Storage Option: Yes
- > Hardware Color: Black Zinc
- > IPF Height: Yes

AB-5200 2.0

STARTING AT

\$499.99

PRICES SUBJECT TO CHANGE



FRAME COLOR OPTIONS



RAIL COLOR OPTIONS



PAD

STANDARD

WIDE

POST

FIXED

ADJUSTABLE

AB-5200 2.0 FEATURES

Our toughest, most customizable bench is now even more customizable, including the option to make it decline and mix different colors on the same bench.

- > Flat/Incline OR Flat/Incline/Decline with Adjustable Post Option
- > Weight Capacity: 1,000 LBS
- > Bench Weight: 115 LBS
- > Back Pad Adjustment Style: Closed Ladder
- > Back Pad Adjustment Angles: 0, 20, 30, 37.5, 45, 52.5, 60, 67.5, 75, 85
- > Back Pad Optional Decline Angles: -8, -6, -4
- > Seat Pad Adjustment Style: Closed Ladder
- > Seat Pad Adjustment Angles: 0, 8, 20, 30
- > Leg Roller Option: No
- > CleanGrip Pads (Standard or Wide)
- > Vertical Storage Option: Yes
- > Hardware Color: Black Zinc
- > IPF Height: Yes



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REP

ADJUSTABLE BENCHES

AB-5300 BLACKWING

STARTING AT

\$599.99

PRICES SUBJECT TO CHANGE



COLOR OPTIONS



BLACKWING FEATURES

We combined the best features from our top benches to create the ultimate, high-quality, adjustable, flat-incline-decline bench, the BlackWing Adjustable Bench.

- > Flat/Incline/Decline
- > Weight Capacity: 1,000 LBS
- > Bench Weight: 131 LBS
- > Back Pad Adjustment Style: Closed Ladder
- > Back Pad Adjustment Angles: -8, 0, 10, 20, 30, 37.5, 45, 52.5, 60, 67.5, 75, 85
- > Seat Pad Adjustment Style: Pop-pin
- > Seat Pad Adjustment Angles: -10, 0, 8, 15, 30, 45
- > Leg Roller Option: Yes (leg roller attachment)
- > CleanGrip Pads (Standard or Wide)
- > Vertical Storage Option: Yes
- > Hardware Color: Black Zinc
- > ZeroGap Technology
- > IPF Height: Yes



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