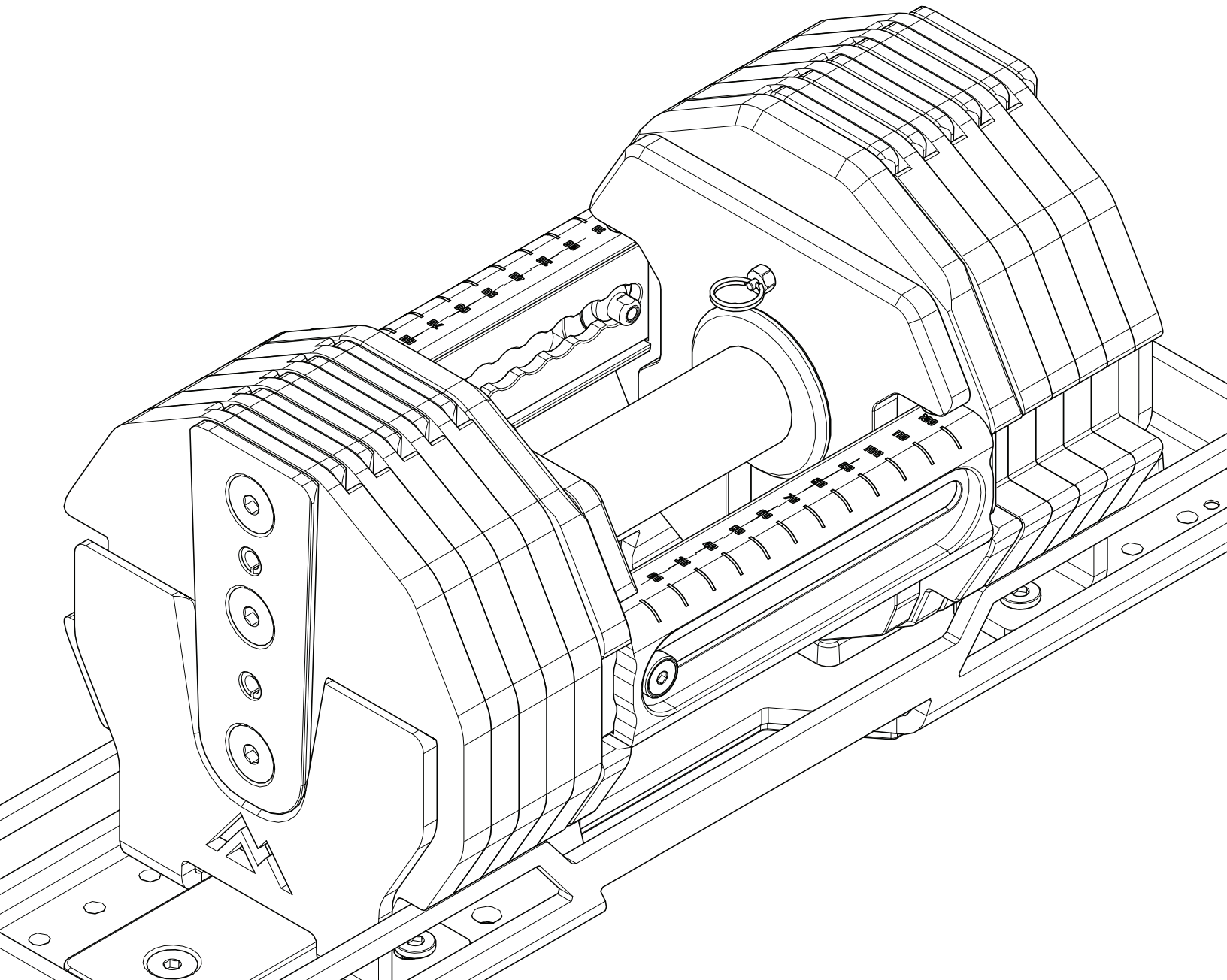


REP

REP x PÉPIN

FAST SERIES ADJUSTABLE DUMBBELL

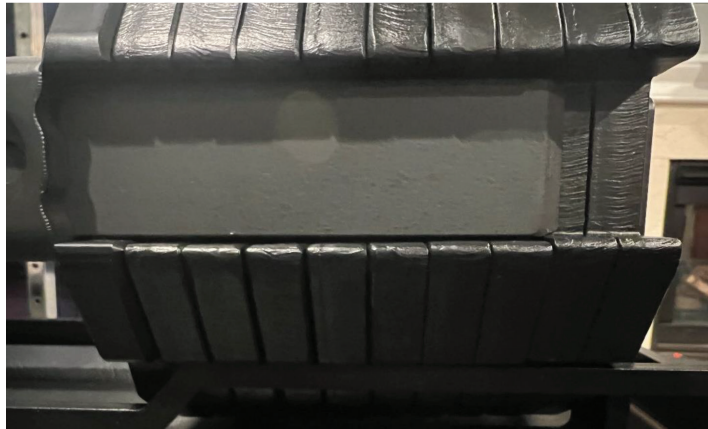
TROUBLESHOOTING GUIDE



**THIS TROUBLESHOOTING GUIDE WILL ADDRESS TWO COMMON
ISSUES THAT YOU MAY COME ACROSS WITH YOUR
REP® X PÉPIN™ ADJUSTABLE DUMBBELLS:**

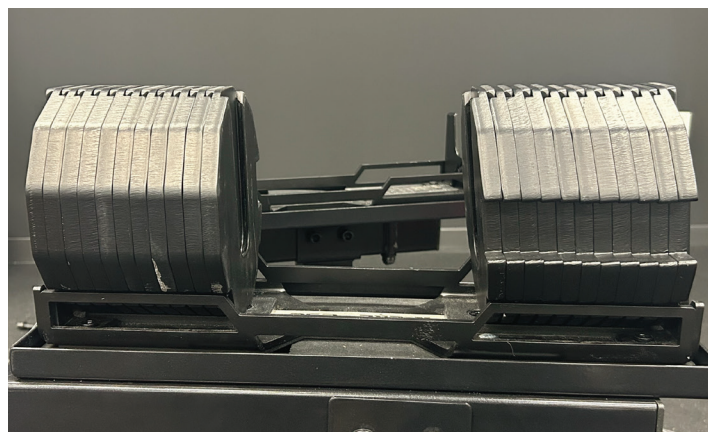
ISSUE 1

**IF THE SLIDER BAR MECHANISM ON THE DUMBBELL HANDLE
FEELS LIKE IT IS GETTING STUCK OR IS HARD TO ADJUST**



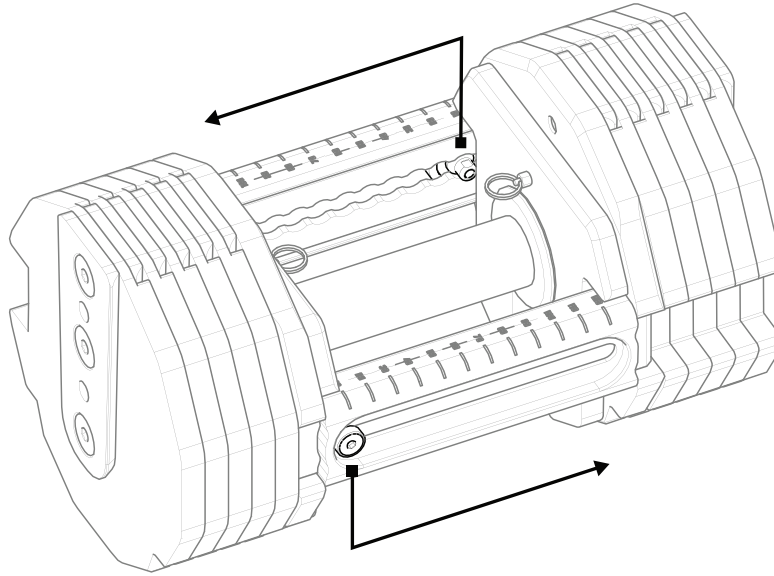
ISSUE 2

**IF THE DUMBBELL IS NOT SITTING CORRECTLY INSIDE THE
CRADLE: ONE SIDE IS OFF-KILTER FROM THE OTHER**

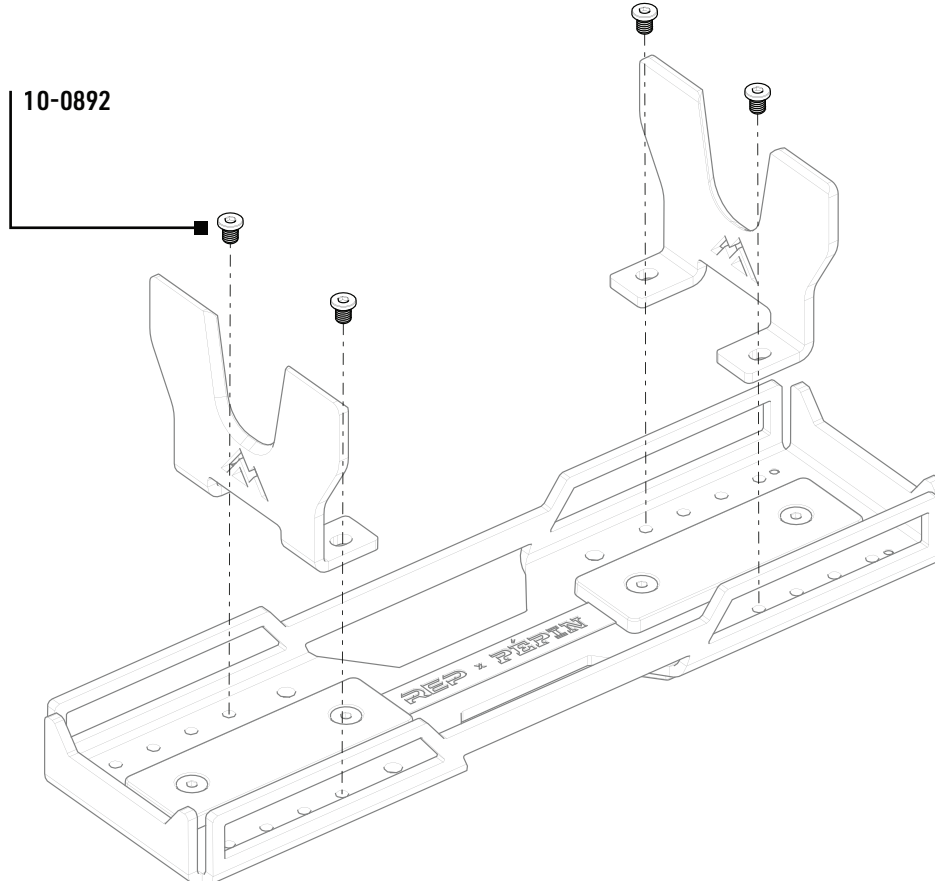


THE FOLLOWING STEPS WILL APPLY TO SOLVING BOTH ISSUES.

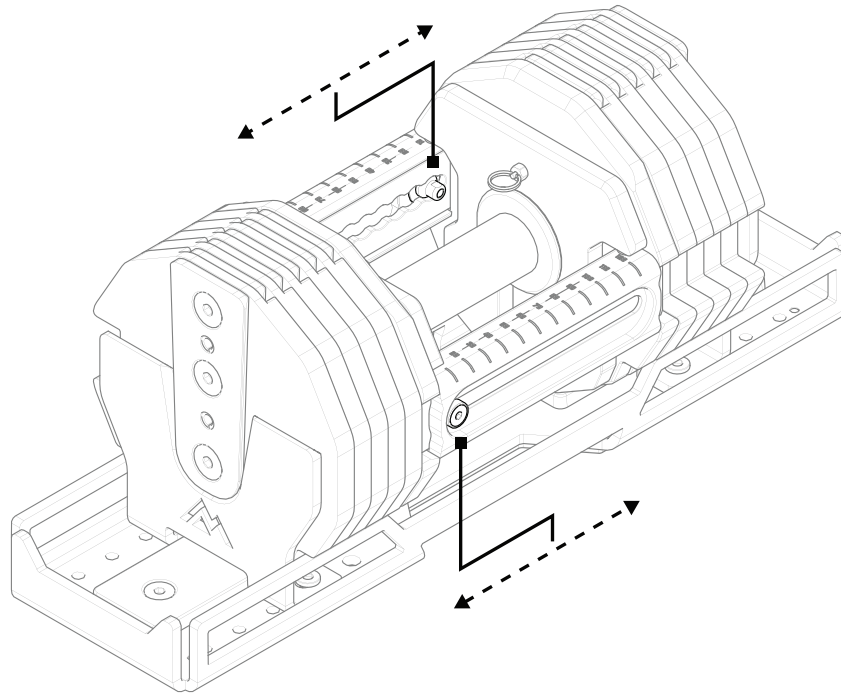
- 1** Start with the dumbbell out of the cradle. Adjust the weight to the highest setting (may need to wiggle plates around to ensure all plates are selected).



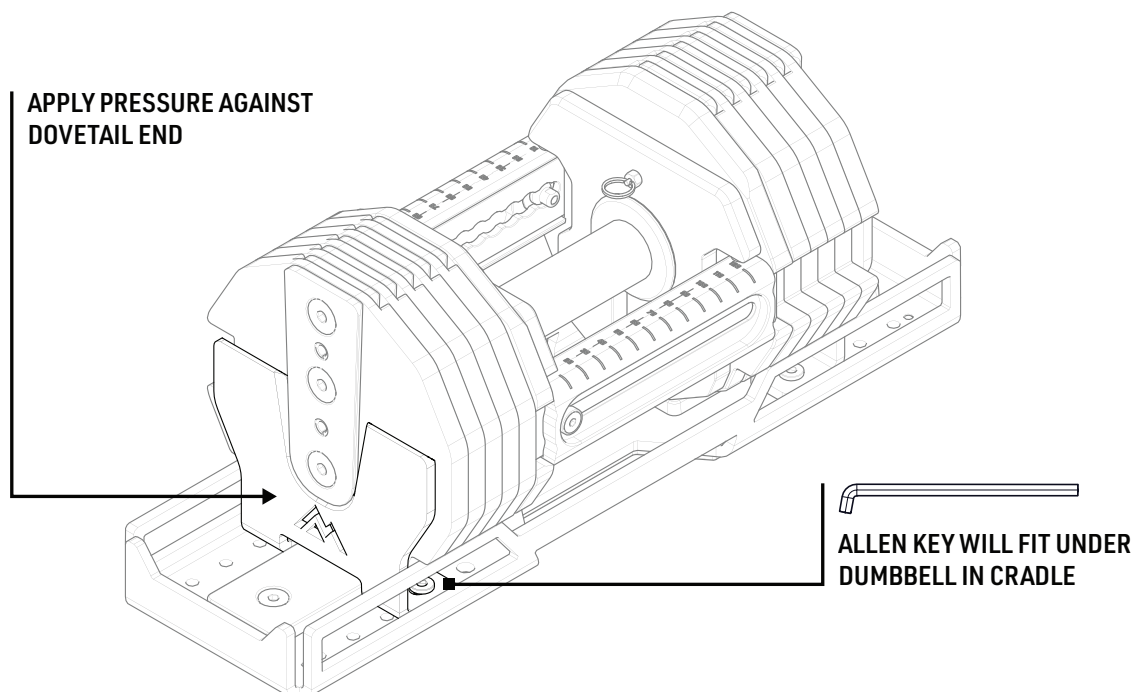
- 2** Using an allen key, loosen x4 socket head cap screws (**10-0892**) located in the cradle, but do not fully remove.



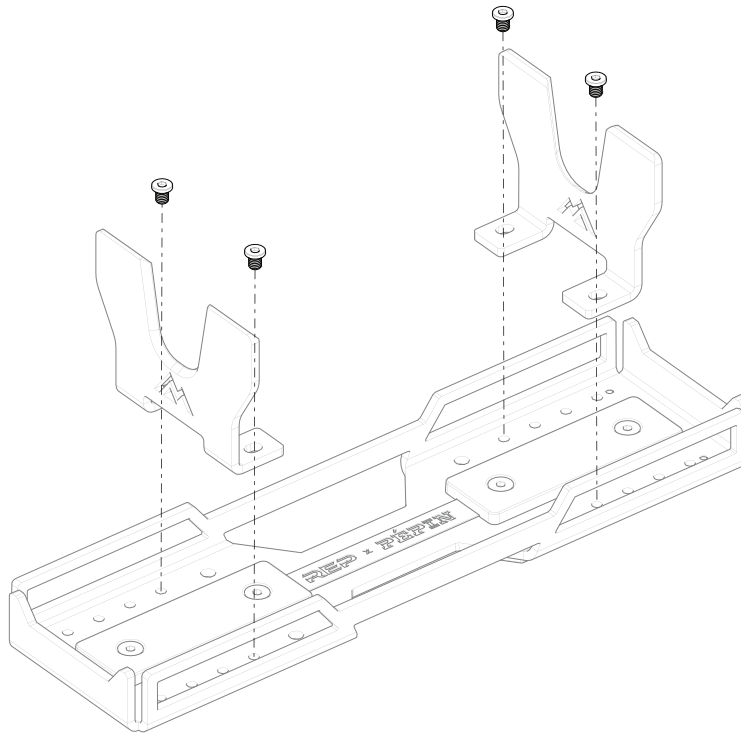
- 3 Place the dumbbell in the cradle so that it properly rests between the dovetail ends. Test the weight adjustment mechanism.



- 4 While the dumbbell is inside the cradle: gently push the dovetail ends against the dumbbell and, using the custom short allen key, secure the x4 socket head cap screws until they are just snug.



- 5** Once the x4 socket head cap screws are secure, remove the dumbbell from the cradle & fully tighten the screws (do not overtighten; be careful to not strip the shallow socket of the screws).



- 6** Place the dumbbell back in the cradle to ensure the dumbbell sits correctly between the dovetail ends & test the weight selection mechanism.

